

PREPARED FOR:



**AMERICAN
PSYCHOLOGICAL
ASSOCIATION**

PREPARED BY:



The Harris Poll

Harris Insights & Analytics LLC, A Stagwell Company

Research Method and Reading the Report

Abbreviated Research Method *(to be included in public release materials)*

Survey Methodology:

The research was conducted online in the United States by The Harris Poll on behalf of the American Psychological Association (APA) among 3,192 adults age 18+ who reside in the U.S. Interviews were conducted in English and Spanish. The survey was conducted August 18 – September 2, 2022.

Data are weighted where necessary to reflect their proportions in the population based on the 2021 Current Population Survey (CPS) by the U.S. Census Bureau. Weighting variables included age by gender, race/ethnicity, education, region, household income, and time spent online. Hispanic adults were also weighted for acculturation, taking into account respondents' household language as well as their ability to read and speak in English and Spanish. Country of origin (U.S./non-U.S.) was also included for Hispanic and Asian subgroups. Weighting variables for Gen Z adults (ages 18 to 25) included education, age by gender, race/ethnicity, region, household income, and size of household, based on the 2021 CPS. Propensity score weighting was used to adjust for respondents' propensity to be online. A propensity score allows researchers to adjust for attitudinal and behavioral differences between those who are online versus those who are not, those who join online panels versus those who do not, and those who responded to this survey versus those who did not.

Respondents for this survey were selected from among those who have agreed to participate in our surveys. The sampling precision of Harris online polls is measured by using a Bayesian credible interval. For this study, the sample data is accurate to within + 2.9 percentage points using a 95% confidence level. This credible interval will be wider among subsets of the surveyed population of interest. All sample surveys and polls, whether or not they use probability sampling, are subject to other multiple sources of error which are most often not possible to quantify or estimate, including, but not limited to coverage error, error associated with nonresponse, error associated with question wording and response options, and post-survey weighting and adjustments.

Reading the Report

The percentage of respondents has been included for each item.

- * represents a value of less than one-half percent.
- A dash (-) represents a value of zero.
- Percentages may not always add up to 100% because of computer rounding or the acceptance of multiple responses.

Data Sheeted Questionnaire

Screening Questions

BASE: ALL QUALIFIED RESPONDENTS

Q268. How do you describe yourself? Please select all that apply.

	Total
Base	3192
Male	48%
Female	51%
Transgender	*
Non-binary/genderqueer/ gender fluid	1%
Other	*

BASE: ALL QUALIFIED RESPONDENTS

Q268B. What sex were you assigned at birth, on your original birth certificate?

	Total
Base	3192
Male	48%
Female	52%

BASE: ALL QUALIFIED RESPONDENTS

AGE. What is your age?

	Total
Base	3192
18-34	26%
35-44	21%
45-64	31%
65+	22%
Mean	48.1
Median	47

BASE: ALL QUALIFIED RESPONDENTS
MARITAL STATUS. What is your marital status?

	Total
Base	3192
Never married	26%
MARRIED / LIVING WITH PARTNER (NET)	62%
Married or civil union	55%
Living with partner	7%
DIVORCED / SEPARATED / WIDOWED (NET)	12%
Divorced	8%
Separated	1%
Widowed	3%

BASE: ALL QUALIFIED RESPONDENTS
ADULTS IN HH. Including yourself, how many people age 18 or older live in your household?

	Total
Base	3192
1	19%
ANY OTHER THAN RESPONDENT (NET)	81%
2	51%
3	16%
4 +	13%
Mean	2.5
Median	2

BASE: ALL QUALIFIED RESPONDENTS

CHILDREN IN HH. How many people under the age of 18 live in your household?

	Total
Base	3192
0	63%
ANY (NET)	37%
1	19%
2	13%
3	4%
4+	2%
Mean (including zero)	0.6
Mean (excluding zero)	1.7
Median (excluding zero)	1

BASE: ALL QUALIFIED RESPONDENTS

HOUSEHOLD SIZE. Size of Household (Net)

	Total
Base	3192
1 HH member	13%
2 HH members	39%
3 HH members	18%
4 HH members	16%
5+ HH members	14%

BASE: HAVE AT LEAST ONE CHILD IN HOUSEHOLD

Q3004. And, how many people under the age of 18 live in your household at least 50% of the time for whom you are the parent or guardian?

	Total
Base	1119
0	12%
1	45%
2	31%
3	7%
4	2%
5	1%
6	*
7	1%
9	*
Blank	1%
Mean (including zero)	1.5
Median (including zero)	1
Mean (excluding zero)	1.7
Median (excluding zero)	1

BASE: GUARDIAN/PARENT OF CHILD(REN) <18 LIVING IN HOUSEHOLD AT LEAST 50% OF TIME

Q4000. AGE/GENDER OF CHILDREN

	Total
Base	958
0-year-old son/male child	3%
1-year-old son/male child	6%
2-year-old son/male child	4%
3-year-old son/male child	4%
4-year-old son/male child	3%
5-year-old son/male child	5%
6-year-old son/male child	5%
7-year-old son/male child	3%
8-year-old son/male child	6%
9-year-old son/male child	3%
10-year-old son/male child	5%
11-year-old son/male child	3%
12-year-old son/male child	5%
13-year-old son/male child	6%
14-year-old son/male child	5%

15-year-old son/male child	6%
16-year-old son/male child	4%
17-year-old son/male child	8%
0-year-old daughter/female child	2%
1-year-old daughter/female child	6%
2-year-old daughter/female child	4%
3-year-old daughter/female child	5%
4-year-old daughter/female child	5%
5-year-old daughter/female child	4%
6-year-old daughter/female child	3%
7-year-old daughter/female child	3%
8-year-old daughter/female child	8%
9-year-old daughter/female child	3%
10-year-old daughter/female child	5%
11-year-old daughter/female child	3%
12-year-old daughter/female child	4%
13-year-old daughter/female child	5%
14-year-old daughter/female child	4%
15-year-old daughter/female child	5%
16-year-old daughter/female child	5%
17-year-old daughter/female child	5%

BASE: ALL QUALIFIED RESPONDENTS**Employment.** Which of the following best describes your employment status?

	Total
Base	3192
EMPLOYED (NET)	54%
Employed full time	39%
Employed part time	8%
Self-employed full time	4%
Self-employed part time	3%
NOT EMPLOYED (NET)	46%
Not employed, but looking for work	5%
Not employed and not looking for work	1%
Not employed, unable to work due to a disability or illness	4%
Retired	26%
Student	3%
Stay-at-home spouse or partner	6%

BASE: ALL QUALIFIED RESPONDENTS**Race.** What is your race? Please select all that apply.

	Total
Base	3192
White	59%
Latino/a	17%
Black or African American	12%
ASIAN (NET)	6%
Chinese	2%
Filipino	1%
South Asian	1%
Japanese	1%
Korean	*
Vietnamese	*
Arab / West Asian	*
Asian (multiple)	*
Other Asian	1%
Pacific Islander	-
Native American or Alaskan Native	1%
More than one race	5%
Some other race	*

BASE: ALL QUALIFIED RESPONDENTS

Q2105. Have you ever been told by a healthcare provider that you have any of the following conditions?
Please select all that apply.

	Total
Base	3192
HAS CHRONIC ILLNESS (NET)	67%
High blood pressure	28%
High cholesterol	24%
Depression	19%
Arthritis	16%
An anxiety disorder (such as generalized anxiety disorder, panic disorder or PTSD)	15%
Overweight	14%
Type 2 Diabetes	11%
Chronic pain	10%
Asthma or other respiratory disease	10%
Obesity	8%
Cancer	6%
Heart disease or heart attack	5%
Stroke	2%
Type 1 Diabetes	2%
None of the above	31%
Decline to answer	2%

BASE: ALL QUALIFIED RESPONDENTS

Q2250. In general, would you say your physical health is ...

	Total
Base	3192
TOP 3 BOX (NET)	81%
TOP 2 BOX (NET)	43%
<i>Excellent</i>	13%
<i>Very good</i>	30%
Good	38%
BOTTOM 2 BOX (NET)	19%
<i>Fair</i>	16%
<i>Poor</i>	3%

BASE: ALL QUALIFIED RESPONDENTS

Q2255. In general, would you say your mental health is ...

	Total
Base	3192
TOP 3 BOX (NET)	83%
TOP 2 BOX (NET)	53%
<i>Excellent</i>	25%
<i>Very good</i>	28%
Good	30%
BOTTOM 2 BOX (NET)	17%
<i>Fair</i>	13%
<i>Poor</i>	3%

BASE: ALL QUALIFIED RESPONDENTS

Q605. Next we have some questions about stress. On a scale of 1 to 10, where 1 means you have "little or no stress" and 10 means you have "a great deal of stress," how would you rate your average level of stress during the past month?

	Total
Base	3192
8-10 (NET)	22%
(10) A great deal of stress	7%
(9)	4%
(8)	11%
4-7 (NET)	43%
(7)	10%
(6)	11%
(5)	14%
(4)	7%
4-7 (NET)	35%
(3)	12%
(2)	10%
(1) Little or no stress	13%
Mean	5.0
Median	5

BASE: VARIABLE BASES

Q850. To what extent do you agree or disagree with each of the following statements?

Summary of Significant (Top 2 Box)

	Total
Base	Variable Bases
Education [FOR ADULT STUDENTS]	75%
The economy	69%
Work [FOR THOSE EMPLOYED]	66%
HEALTH-RELATED (NET)	63%
<i>Health problems affecting my family</i>	50%
<i>Personal health concerns</i>	49%
Family responsibilities	55%
Housing costs (e.g., mortgage or rent)	52%
Relationships (e.g., spouse, kids, girl/boyfriend)	46%
Personal safety	44%
Job stability	41%
Discrimination	28%

Summary of Not Significant (Bottom 2 Box)

	Total
Base	Variable Bases
Discrimination	72%
Job stability	59%
Personal safety	56%
Relationships (e.g., spouse, kids, girl/boyfriend)	54%
Personal health concerns	51%
Health problems affecting my family	50%
Housing costs (e.g., mortgage or rent)	48%
Family responsibilities	45%
Work [FOR THOSE EMPLOYED]	34%
Money	34%
The economy	31%
Education [FOR ADULT STUDENTS]	25%

1. Money

	Total
Base	3192
TOP 2 BOX (NET)	66%
Very significant	35%
Somewhat significant	32%
BOTTOM 2 BOX (NET)	34%
Not very significant	19%
Not at all significant	15%

2. Work [FOR THOSE EMPLOYED]

	Total
Base	1614
TOP 2 BOX (NET)	66%
Very significant	29%
Somewhat significant	37%
BOTTOM 2 BOX (NET)	34%
Not very significant	21%
Not at all significant	14%

3. Personal health concerns

	Total
Base	3192
TOP 2 BOX (NET)	49%
Very significant	20%
Somewhat significant	30%
BOTTOM 2 BOX (NET)	51%
Not very significant	30%
Not at all significant	21%

4. Relationships (e.g., spouse, kids, girl/boyfriend)

	Total
Base	3192
TOP 2 BOX (NET)	46%
Very significant	21%
Somewhat significant	25%
BOTTOM 2 BOX (NET)	54%
Not very significant	24%
Not at all significant	30%

5. Health problems affecting my family

	Total
Base	3192
TOP 2 BOX (NET)	50%
Very significant	19%
Somewhat significant	31%
BOTTOM 2 BOX (NET)	50%
Not very significant	27%
Not at all significant	23%

6. Family responsibilities

	Total
Base	3192
TOP 2 BOX (NET)	55%
Very significant	24%
Somewhat significant	32%
BOTTOM 2 BOX (NET)	45%
Not very significant	22%
Not at all significant	22%

7. Housing costs (e.g., mortgage or rent)

	Total
Base	3192
TOP 2 BOX (NET)	52%
Very significant	26%
Somewhat significant	26%
BOTTOM 2 BOX (NET)	48%
Not very significant	21%
Not at all significant	27%

8. The economy

	Total
Base	3192
TOP 2 BOX (NET)	69%
Very significant	32%
Somewhat significant	37%
BOTTOM 2 BOX (NET)	31%
Not very significant	20%
Not at all significant	11%

9. Job stability

	Total
Base	3192
TOP 2 BOX (NET)	41%
Very significant	19%
Somewhat significant	22%
BOTTOM 2 BOX (NET)	59%
Not very significant	18%
Not at all significant	41%

10. Personal safety

	Total
Base	3192
TOP 2 BOX (NET)	44%
Very significant	17%
Somewhat significant	27%
BOTTOM 2 BOX (NET)	56%
Not very significant	27%
Not at all significant	29%

11. Discrimination

	Total
Base	3192
TOP 2 BOX (NET)	28%
Very significant	12%
Somewhat significant	16%
BOTTOM 2 BOX (NET)	72%
Not very significant	23%
Not at all significant	49%

13. Education [FOR ADULTS STUDENTS]

	Total
Base	84
TOP 2 BOX (NET)	75%
Very significant	43%
Somewhat significant	32%
BOTTOM 2 BOX (NET)	25%
Not very significant	17%
Not at all significant	8%

BASE: MONEY IS A SIGNIFICANT SOURCE OF STRESS

Q630. You mentioned that money is a significant source of stress in your life. Which of the following best describes the main source of your stress about money?

	Total
Base	2229
Having enough money to pay for things right now (e.g., food, rent/mortgage, bills, etc.)	57%
Saving enough money for things in the future (e.g., saving to buy a house, future education for self or family members, retirement, etc.)	43%

BASE: ALL QUALIFIED RESPONDENTS

Q631. Has financial strain in your household increased, decreased, or stayed the same over the past year?

	Total
Base	3192
Increased	41%
Stayed the same	49%
Decreased	10%

BASE: AMONG THOSE WHO SAY MONEY IS A SIGNIFICANT SOURCE OF STRESS

Q631. Has financial strain in your household increased, decreased, or stayed the same over the past year?

	Total
Base	2229
Increased	52%
Stayed the same	38%
Decreased	11%

BASE: AMONG THOSE WHO SAY THE ECONOMY IS A SIGNIFICANT SOURCE OF STRESS

Q631. Has financial strain in your household increased, decreased, or stayed the same over the past year?

	Total
Base	2194
Increased	51%
Stayed the same	39%
Decreased	10%

BASE: ALL QUALIFIED RESPONDENTS

Q632. Please indicate the extent to which you agree or disagree with the following statements.

Summary of Strongly/Somewhat Agree (Top 2 Box)

	Total
Base	3192
I and/or my family have had to make different choices due to lack of money in the past month.	56%
Money is a cause of a lot of the fights or tension in my family.	41%

Summary of Strongly/Somewhat Disagree (Bottom 2 Box)

	Total
Base	3192
Money is a cause of a lot of the fights or tension in my family.	59%
I and/or my family have had to make different choices due to lack of money in the past month.	44%

1. Money is a cause of a lot of the fights or tension in my family.

	Total
Base	3192
TOP 2 BOX (NET)	41%
Strongly agree	17%
Somewhat agree	25%
BOTTOM 2 BOX (NET)	59%
Somewhat disagree	22%
Strongly disagree	37%

2. I and/or my family have had to make different choices due to lack of money in the past month.

	Total
Base	3192
TOP 2 BOX (NET)	56%
Strongly agree	23%
Somewhat agree	33%
BOTTOM 2 BOX (NET)	44%
Somewhat disagree	20%
Strongly disagree	25%

BASE: AMONG THOSE WHO SAY MONEY IS A SIGNIFICANT SOURCE OF STRESS

Q632. Please indicate the extent to which you agree or disagree with the following statements.

Summary of Strongly/Somewhat Agree (Top 2 Box)

	Total
Base	2229
I and/or my family have had to make different choices due to lack of money in the past month.	72%
Money is a cause of a lot of the fights or tension in my family.	55%

Summary of Strongly/Somewhat Disagree (Bottom 2 Box)

	Total
Base	2229
Money is a cause of a lot of the fights or tension in my family.	45%
I and/or my family have had to make different choices due to lack of money in the past month.	28%

1. Money is a cause of a lot of the fights or tension in my family.

	Total
Base	2229
TOP 2 BOX (NET)	55%
Strongly agree	22%
Somewhat agree	33%
BOTTOM 2 BOX (NET)	45%
Somewhat disagree	22%
Strongly disagree	23%

2. I and/or my family have had to make different choices due to lack of money in the past month.

	Total
Base	2229
TOP 2 BOX (NET)	72%
Strongly agree	32%
Somewhat agree	41%
BOTTOM 2 BOX (NET)	28%
Somewhat disagree	18%
Strongly disagree	10%

BASE: AMONG THOSE WHO SAY THE ECONOMY IS A SIGNIFICANT SOURCE OF STRESS
Q632. Please indicate the extent to which you agree or disagree with the following statements.

Summary of Strongly/Somewhat Agree (Top 2 Box)

	Total
Base	2194
I and/or my family have had to make different choices due to lack of money in the past month.	65%
Money is a cause of a lot of the fights or tension in my family.	50%

Summary of Strongly/Somewhat Disagree (Bottom 2 Box)

	Total
Base	2194
Money is a cause of a lot of the fights or tension in my family.	50%
I and/or my family have had to make different choices due to lack of money in the past month.	35%

1. Money is a cause of a lot of the fights or tension in my family.

	Total
Base	2194
TOP 2 BOX (NET)	50%
Strongly agree	20%
Somewhat agree	29%
BOTTOM 2 BOX (NET)	50%
Somewhat disagree	21%
Strongly disagree	29%

2. I and/or my family have had to make different choices due to lack of money in the past month.

	Total
Base	2194
TOP 2 BOX (NET)	65%
Strongly agree	29%
Somewhat agree	37%
BOTTOM 2 BOX (NET)	35%
Somewhat disagree	19%
Strongly disagree	16%

BASE: ALL QUALIFIED RESPONDENTS

Q625A. Below is a list of things people say cause stress in their lives. For each one, please indicate how significant a source of stress it is in your life.

Summary of Significant (Top 2 Box)

	Total
Base	3192
The future of our nation	76%
The current political climate	66%
2024 U.S. presidential election	57%
2022 U.S. mid-term elections	52%

Summary of Not Significant (Bottom 2 Box)

	Total
Base	3192
2022 U.S. mid-term elections	48%
2024 U.S. presidential election	43%
The current political climate	34%
The future of our nation	24%

2. The future of our nation

	Total
Base	3192
TOP 2 BOX (NET)	76%
Very significant	38%
Somewhat significant	38%
BOTTOM 2 BOX (NET)	24%
Not very significant	13%
Not at all significant	10%

3. The current political climate

	Total
Base	3192
TOP 2 BOX (NET)	66%
Very significant	30%
Somewhat significant	36%
BOTTOM 2 BOX (NET)	34%
Not very significant	20%
Not at all significant	14%

7. 2024 U.S. presidential election

	Total
Base	3192
TOP 2 BOX (NET)	57%
Very significant	25%
Somewhat significant	32%
BOTTOM 2 BOX (NET)	43%
Not very significant	23%
Not at all significant	20%

8. 2022 U.S. mid-term elections

	Total
Base	3192
TOP 2 BOX (NET)	52%
Very significant	21%
Somewhat significant	30%
BOTTOM 2 BOX (NET)	48%
Not very significant	28%
Not at all significant	21%

BASE: ALL QUALIFIED RESPONDENTS

Q6255/Q625A. Please indicate how significant a source of stress the following is in your life.

Summary of Significant (Top 2 Box)

	Total
Base	3192
Inflation (Q6255)	83%
The future of our nation (Q625A)	76%
Violence and crime (Q6255)	75%
Mass shootings (Q6255)	73%
Gun violence in general (Q6255)	72%
Healthcare (Q6255)	70%
Increased global tension/conflict (Q6255)	67%
The current political climate (Q625A)	66%
The coronavirus pandemic (Q6255)	63%
The racial climate in the U.S. (Q6255)	62%
Climate change/Global warming (Q6255)	61%
2024 U.S. presidential election (Q625A)	57%
Rise in suicide rates (Q6255)	56%
Change in abortion laws (Q6255)	55%
Immigration (Q6255)	54%
2022 U.S. mid-term elections (Q625A)	52%
Monkeypox outbreak (Q6255)	47%

Summary of Not Significant (Bottom 2 Box)

	Total
Base	3192
Monkeypox outbreak (Q6255)	53%
2022 U.S. mid-term elections (Q625A)	48%
Immigration (Q6255)	46%
Change in abortion laws (Q6255)	45%
Rise in suicide rates (Q6255)	44%
2024 U.S. presidential election (Q625A)	43%
Climate change/Global warming (Q6255)	39%
The racial climate in the U.S. (Q6255)	38%
The coronavirus pandemic (Q6255)	37%
The current political climate (Q625A)	34%
Increased global tension/conflict (Q6255)	33%
Healthcare (Q6255)	30%
Gun violence in general (Q6255)	28%
Mass shootings (Q6255)	27%
Violence and crime (Q6255)	25%
The future of our nation (Q625A)	24%
Inflation (Q6255)	17%

BASE: ALL QUALIFIED RESPONDENTS

Q6255. Please indicate how significant a source of stress the following is in your life.

Summary of Significant (Top 2 Box)

	Total
Base	3192
Inflation	83%
Violence and crime	75%
Mass shootings	73%
Gun violence in general	72%
Healthcare	70%
Increased global tension/conflict	67%
The coronavirus pandemic	63%
The racial climate in the U.S.	62%
Climate change/Global warming	61%
Rise in suicide rates	56%
Change in abortion laws	55%
Immigration	54%
Monkeypox outbreak	47%

Summary of Not Significant (Bottom 2 Box)

	Total
Base	3192
Monkeypox outbreak	53%
Immigration	46%
Change in abortion laws	45%
Rise in suicide rates	44%
Climate change/Global warming	39%
The racial climate in the U.S.	38%
The coronavirus pandemic	37%
Increased global tension/conflict	33%
Healthcare	30%
Gun violence in general	28%
Mass shootings	27%
Violence and crime	25%
Inflation	17%

2. Climate change/Global Warming

	Total
Base	3192
TOP 2 BOX (NET)	61%
Very significant	29%
Somewhat significant	32%
BOTTOM 2 BOX (NET)	39%
Not very significant	19%
Not at all significant	20%

7. Mass shootings

	Total
Base	3192
TOP 2 BOX (NET)	73%
Very significant	39%
Somewhat significant	35%
BOTTOM 2 BOX (NET)	27%
Not very significant	15%
Not at all significant	12%

8. Gun violence in general

	Total
Base	3192
TOP 2 BOX (NET)	72%
Very significant	38%
Somewhat significant	35%
BOTTOM 2 BOX (NET)	28%
Not very significant	17%
Not at all significant	11%

10. Rise in suicide rates

	Total
Base	3192
TOP 2 BOX (NET)	56%
Very significant	23%
Somewhat significant	33%
BOTTOM 2 BOX (NET)	44%
Not very significant	26%
Not at all significant	18%

14. Violence and crime

	Total
Base	3192
TOP 2 BOX (NET)	75%
Very significant	39%
Somewhat significant	37%
BOTTOM 2 BOX (NET)	25%
Not very significant	16%
Not at all significant	9%

15. Increased global tension/conflict

	Total
Base	3192
TOP 2 BOX (NET)	67%
Very significant	26%
Somewhat significant	41%
BOTTOM 2 BOX (NET)	33%
Not very significant	22%
Not at all significant	11%

16. Healthcare

	Total
Base	3192
TOP 2 BOX (NET)	70%
Very significant	31%
Somewhat significant	39%
BOTTOM 2 BOX (NET)	30%
Not very significant	20%
Not at all significant	10%

17. Change in abortion laws

	Total
Base	3192
TOP 2 BOX (NET)	55%
Very significant	28%
Somewhat significant	27%
BOTTOM 2 BOX (NET)	45%
Not very significant	23%
Not at all significant	22%

18. Immigration

	Total
Base	3192
TOP 2 BOX (NET)	54%
Very significant	25%
Somewhat significant	29%
BOTTOM 2 BOX (NET)	46%
Not very significant	28%
Not at all significant	18%

19. The coronavirus pandemic

	Total
Base	3192
TOP 2 BOX (NET)	63%
Very significant	28%
Somewhat significant	35%
BOTTOM 2 BOX (NET)	37%
Not very significant	21%
Not at all significant	15%

20. The racial climate in the U.S.

	Total
Base	3192
TOP 2 BOX (NET)	62%
Very significant	28%
Somewhat significant	34%
BOTTOM 2 BOX (NET)	38%
Not very significant	22%
Not at all significant	16%

21. Inflation

	Total
Base	3192
TOP 2 BOX (NET)	83%
Very significant	46%
Somewhat significant	37%
BOTTOM 2 BOX (NET)	17%
Not very significant	12%
Not at all significant	6%

22. Monkeypox outbreak

	Total
Base	3192
TOP 2 BOX (NET)	47%
Very significant	19%
Somewhat significant	28%
BOTTOM 2 BOX (NET)	53%
Not very significant	27%
Not at all significant	26%

BASE: ALL QUALIFIED RESPONDENTS

Q810. Which of the following, if any, have you experienced in the last month as a result of stress? Please select all that apply.

	Total
Base	3192
ANY (NET)	76%
Headache	38%
Fatigue	35%
Feeling nervous or anxious	34%
Feeling depressed or sad	33%
Lack of interest, motivation, or energy	30%
Irritability or anger	27%
Feeling as though I could cry	24%
Change in appetite	21%
Upset stomach or indigestion	20%
Muscular tension	17%
Change in sex drive	15%
Teeth grinding	13%
Tightness in my chest	12%
Feeling faint or dizzy	12%
Change in menstrual cycle [FOR FEMALES]	13%
Erectile dysfunction [FOR MALES]	10%
Other	2%
Nothing	23%
Decline to answer	1%

BASE: ALL QUALIFIED RESPONDENTS

Q7170. Which of the following, if any, have you experienced in the last month as a result of stress?
Please select all that apply.

	Total
Base	3192
ANY (NET)	72%
Feeling overwhelmed	33%
Changes in sleeping habits (e.g., oversleeping, difficulty falling asleep, night waking)	32%
Constant worrying	30%
Negative thoughts	27%
Agitation, inability to relax	23%
A sense of loneliness and isolation	21%
Forgetfulness	21%
Inability to concentrate	20%
Isolating myself from others	20%
Procrastinating or neglecting responsibilities	18%
Difficulty making decisions	17%
Changes in my financial behaviors (e.g., overspending, dipping into savings, missing payments/bills)	17%
Nervous habits (e.g., nail biting, pacing)	16%
Using alcohol, cigarettes, or drugs to relax	15%
Other	2%
Nothing	27%
Decline to answer	1%

BASE: ALL QUALIFIED RESPONDENTS (VARIABLE BASES)

Q976. In the last month, when you were feeling stressed, did you do any of these things?

Summary of Yes

	Total
Base	Variable Bases
Skipped exercising or physical activity	42%
Lost patience or yelled at my children [FOR PARENTS]	39%
Canceled social plans for example, plans with friends or family	32%
Lost patience or yelled at my spouse/partner	31%
Ignored/didn't take care of responsibilities at home	28%
Snapped at or was short with coworkers at work [FOR THOSE EMPLOYED]	27%
Didn't take care of responsibilities at work or school [FOR THOSE EMPLOYED OR STUDENTS]	24%

Summary of No

	Total
Base	Variable Bases
Didn't take care of responsibilities at work or school [FOR THOSE EMPLOYED OR STUDENTS]	71%
Snapped at or was short with coworkers at work [FOR THOSE EMPLOYED]	67%
Ignored/didn't take care of responsibilities at home	66%
Canceled social plans for example, plans with friends or family	64%
Lost patience or yelled at my children [FOR PARENTS]	58%
Skipped exercising or physical activity	55%
Lost patience or yelled at my spouse/partner	52%

Summary of Not Sure

	Total
Base	Variable Bases
Snapped at or was short with coworkers at work [FOR THOSE EMPLOYED]	5%
Ignored/didn't take care of responsibilities at home	5%
Lost patience or yelled at my spouse/partner	5%
Didn't take care of responsibilities at work or school [FOR THOSE EMPLOYED OR ADULT STUDENTS]	4%
Canceled social plans for example, plans with friends or family	4%
Lost patience or yelled at my children [FOR PARENTS]	3%
Skipped exercising or physical activity	3%

1. Ignored/didn't take care of responsibilities at home

	Total
Base	3192
Yes	28%
No	66%
Not sure	5%

2. Didn't take care of responsibilities at work or school [FOR THOSE EMPLOYED OR ADULTS STUDENTS]

	Total
Base	1698
Yes	24%
No	71%
Not sure	4%

3. Canceled social plans for example, plans with friends or family

	Total
Base	3192
Yes	32%
No	64%
Not sure	4%

4. Skipped exercising or physical activity

	Total
Base	3192
Yes	42%
No	55%
Not sure	3%

5. Lost patience or yelled at my children [FOR PARENTS]

	Total
Base	958
Yes	39%
No	58%
Not sure	3%

6. Lost patience or yelled at my spouse/partner

	Total
Base	3192
Yes	31%
No	52%
Not sure	5%
Not applicable	12%

7. Snapped at or was short with coworkers at work [FOR THOSE EMPLOYED]

	Total
Base	1614
Yes	27%
No	67%
Not sure	5%

BASE: ALL QUALIFIED RESPONDENTS

Q712. The questions in this scale ask you about your feelings and thoughts during the last month. Please indicate how often you have felt or thought the following.

Summary of Very/Fairly Often (Top 2 Box)

	Total
Base	3191
In the last month, how often have you felt confident about your ability to handle your personal problems?	51%
In the last month, how often have you felt that things were going your way?	33%
In the last month, how often have you felt difficulties were piling up so high that you could not overcome them?	25%
In the last month, how often have you felt that you were unable to control the important things in your life?	24%

Summary of Almost Never/Never (Bottom 2 Box)

	Total
Base	3191
In the last month, how often have you felt difficulties were piling up so high that you could not overcome them?	49%
In the last month, how often have you felt that you were unable to control the important things in your life?	46%
In the last month, how often have you felt that things were going your way?	27%
In the last month, how often have you felt confident about your ability to handle your personal problems?	20%

1. In the last month, how often have you felt that you were unable to control the important things in your life?

	Total
Base	3185
TOP 2 BOX (NET)	24%
<i>Very often</i>	10%
<i>Fairly often</i>	14%
Sometimes	30%
BOTTOM 2 BOX (NET)	46%
<i>Almost never</i>	23%
<i>Never</i>	23%

2. In the last month, how often have you felt confident about your ability to handle your personal problems?

	Total
Base	3185
TOP 2 BOX (NET)	51%
<i>Very often</i>	22%
<i>Fairly often</i>	29%
Sometimes	29%
BOTTOM 2 BOX (NET)	20%
<i>Almost never</i>	11%
<i>Never</i>	9%

3. In the last month, how often have you felt that things were going your way?

	Total
Base	3183
TOP 2 BOX (NET)	33%
<i>Very often</i>	12%
<i>Fairly often</i>	22%
Sometimes	40%
BOTTOM 2 BOX (NET)	27%
<i>Almost never</i>	17%
<i>Never</i>	10%

4. In the last month, how often have you felt difficulties were piling up so high that you could not overcome them?

	Total
Base	3186
TOP 2 BOX (NET)	25%
<i>Very often</i>	9%
<i>Fairly often</i>	16%
Sometimes	26%
BOTTOM 2 BOX (NET)	49%
<i>Almost never</i>	22%
<i>Never</i>	27%

BASE: ALL QUALIFIED RESPONDENTS

Q721. When you are feeling stressed, which of the following, if any, are negatively impacted? Please select all that apply.

	Total
Base	3192
ANYTHING (NET)	76%
My mental health	36%
My eating habits	33%
My physical health	32%
My interest in hobbies/activities	30%
My family relationships	26%
My ability to plan for the future	21%
My ability to make daily decisions	20%
My friendships	19%
My ability to take care of my responsibilities (e.g., my home, kids, pets)	17%
My ability to make long-term decisions	17%
My ability to do my job	12%
Other	2%
Nothing is negatively impacted when I am feeling stressed	24%

BASE: VARIABLE BASES

Q730. Please indicate the extent to which you agree or disagree with the following statements.

Summary of Strongly/Somewhat Agree (Top 2 Box)

	Total
Base	Variable Bases
I can get things done even when I am feeling stressed.	72%
When I feel stressed I can get over it quickly.	63%
My stress level has made me have less patience for others.	52%
My stress makes going to work/school increasingly difficult. [FOR THOSE EMPLOYED OR ADULT STUDENTS]	46%
My stress keeps piling up.	43%
When I am stressed, I can't bring myself to do anything.	37%
Most days my stress is completely overwhelming.	34%
I am so stressed I feel numb.	30%
Most days I am so stressed I can't function.	27%

Summary of Strongly/Somewhat Disagree (Bottom 2 Box)

	Total
Base	Variable Bases
Most days I am so stressed I can't function.	73%
I am so stressed I feel numb.	70%
Most days my stress is completely overwhelming.	66%
When I am stressed, I can't bring myself to do anything.	63%
My stress keeps piling up.	57%
My stress makes going to work/school increasingly difficult. [FOR THOSE EMPLOYED OR ADULT STUDENTS]	54%
My stress level has made me have less patience for others.	48%
When I feel stressed I can get over it quickly.	37%
I can get things done even when I am feeling stressed.	28%

1. When I am stressed, I can't bring myself to do anything.

	Total
Base	3192
TOP 2 BOX (NET)	37%
Strongly agree	11%
Somewhat agree	26%
BOTTOM 2 BOX (NET)	63%
Somewhat disagree	27%
Strongly disagree	36%

2. I can get things done even when I am feeling stressed.

	Total
Base	3192
TOP 2 BOX (NET)	72%
Strongly agree	28%
Somewhat agree	45%
BOTTOM 2 BOX (NET)	28%
Somewhat disagree	17%
Strongly disagree	11%

3. Most days I am so stressed I can't function.

	Total
Base	3192
TOP 2 BOX (NET)	27%
Strongly agree	9%
Somewhat agree	18%
BOTTOM 2 BOX (NET)	73%
Somewhat disagree	25%
Strongly disagree	48%

4. Most days my stress is completely overwhelming.

	Total
Base	3192
TOP 2 BOX (NET)	34%
Strongly agree	12%
Somewhat agree	22%
BOTTOM 2 BOX (NET)	66%
Somewhat disagree	25%
Strongly disagree	41%

5. My stress makes going to work/school increasingly difficult. [FOR THOSE EMPLOYED OR ADULT STUDENTS]

	Total
Base	1698
TOP 2 BOX (NET)	46%
Strongly agree	13%
Somewhat agree	32%
BOTTOM 2 BOX (NET)	54%
Somewhat disagree	28%
Strongly disagree	26%

6. When I feel stressed I can get over it quickly.

	Total
Base	3192
TOP 2 BOX (NET)	63%
Strongly agree	22%
Somewhat agree	41%
BOTTOM 2 BOX (NET)	37%
Somewhat disagree	23%
Strongly disagree	14%

7. I am so stressed I feel numb.

	Total
Base	3192
TOP 2 BOX (NET)	30%
Strongly agree	10%
Somewhat agree	20%
BOTTOM 2 BOX (NET)	70%
Somewhat disagree	22%
Strongly disagree	48%

8. My stress level has made me have less patience for others.

	Total
Base	3192
TOP 2 BOX (NET)	52%
Strongly agree	15%
Somewhat agree	37%
BOTTOM 2 BOX (NET)	48%
Somewhat disagree	22%
Strongly disagree	26%

9. My stress keeps piling up.

	Total
Base	3192
TOP 2 BOX (NET)	43%
Strongly agree	14%
Somewhat agree	29%
BOTTOM 2 BOX (NET)	57%
Somewhat disagree	25%
Strongly disagree	32%

BASE: ALL QUALIFIED RESPONDENTS**Q1615.** Do you feel you are doing enough to manage your stress?

	Total
Base	3192
Yes	65%
No	20%
Not sure	15%

BASE: ALL QUALIFIED RESPONDENTS**Q970.** In the last 12 months, do you feel you are better, worse, or about the same at managing your stress?

	Total
Base	3192
Better	27%
About the same	61%
Worse	12%

BASE: ALL QUALIFIED RESPONDENTS**Q704.** In the last 12 months, could you have used more emotional support than you received?

	Total
Base	3192
YES (NET)	66%
<i>Yes, I could have used a lot more emotional support</i>	24%
<i>Yes, I could have used some more emotional support</i>	25%
<i>Yes, I could have used a little more emotional support</i>	18%
No	34%

BASE: ALL QUALIFIED RESPONDENTS**Q975.** In general, do you feel you have more, less, or about the same amount of close relationships (i.e., people you can trust and rely on) than you have had in the past?

	Total
Base	3192
More	14%
About the same amount	67%
Less	19%

BASE: ALL QUALIFIED RESPONDENTS

Q980. Please indicate the extent to which you agree or disagree with the following statements.

Summary of Strongly/Somewhat Agree (Top 2 Box)

	Total
Base	3192
I have healthy ways I manage my stress.	75%
The relationships I have help me cope with my stress.	74%
I make it a point to work on how to manage my stress.	71%
Stress is just something I have to live with.	64%
People around me just expect me to get over my stress.	62%
I feel like no one understands how stressed out I am.	50%
I feel like there is too much focus on stress.	49%
I wish I had someone to help me manage my stress.	47%
I don't know where to start when it comes to managing my stress.	36%
I feel completely stressed out no matter what I do to manage my stress.	35%

Summary of Strongly/Somewhat Disagree (Bottom 2 Box)

	Total
Base	3192
I feel completely stressed out no matter what I do to manage my stress.	65%
I don't know where to start when it comes to managing my stress.	64%
I wish I had someone to help me manage my stress.	53%
I feel like there is too much focus on stress.	51%
I feel like no one understands how stressed out I am.	50%
People around me just expect me to get over my stress.	38%
Stress is just something I have to live with.	36%
I make it a point to work on how to manage my stress.	29%
The relationships I have help me cope with my stress.	26%
I have healthy ways I manage my stress.	25%

1. I don't know where to start when it comes to managing my stress.

	Total
Base	3192
TOP 2 BOX (NET)	36%
Strongly agree	10%
Somewhat agree	26%
BOTTOM 2 BOX (NET)	64%
Somewhat disagree	31%
Strongly disagree	33%

2. I wish I had someone to help me manage my stress.

	Total
Base	3192
TOP 2 BOX (NET)	47%
Strongly agree	16%
Somewhat agree	31%
BOTTOM 2 BOX (NET)	53%
Somewhat disagree	25%
Strongly disagree	28%

3. I have healthy ways I manage my stress.

	Total
Base	2194
TOP 2 BOX (NET)	75%
Strongly agree	29%
Somewhat agree	46%
BOTTOM 2 BOX (NET)	25%
Somewhat disagree	18%
Strongly disagree	7%

4. I make it a point to work on how to manage my stress.

	Total
Base	3192
TOP 2 BOX (NET)	71%
Strongly agree	26%
Somewhat agree	45%
BOTTOM 2 BOX (NET)	29%
Somewhat disagree	20%
Strongly disagree	9%

5. The relationships I have help me cope with my stress.

	Total
Base	3192
TOP 2 BOX (NET)	74%
Strongly agree	29%
Somewhat agree	45%
BOTTOM 2 BOX (NET)	26%
Somewhat disagree	16%
Strongly disagree	10%

6. Stress is just something I have to live with.

	Total
Base	3192
TOP 2 BOX (NET)	64%
Strongly agree	21%
Somewhat agree	44%
BOTTOM 2 BOX (NET)	36%
Somewhat disagree	20%
Strongly disagree	16%

7. I feel completely stressed out no matter what I do to manage my stress.

	Total
Base	3192
TOP 2 BOX (NET)	35%
Strongly agree	11%
Somewhat agree	24%
BOTTOM 2 BOX (NET)	65%
Somewhat disagree	27%
Strongly disagree	38%

8. People around me just expect me to get over my stress.

	Total
Base	3192
TOP 2 BOX (NET)	62%
Strongly agree	23%
Somewhat agree	39%
BOTTOM 2 BOX (NET)	38%
Somewhat disagree	21%
Strongly disagree	17%

9. I feel like there is too much focus on stress.

	Total
Base	3192
TOP 2 BOX (NET)	49%
Strongly agree	16%
Somewhat agree	33%
BOTTOM 2 BOX (NET)	51%
Somewhat disagree	30%
Strongly disagree	21%

10. I feel like no one understands how stressed out I am.

	Total
Base	3192
TOP 2 BOX (NET)	50%
Strongly agree	19%
Somewhat agree	31%
BOTTOM 2 BOX (NET)	50%
Somewhat disagree	22%
Strongly disagree	28%

BASE: ALL QUALIFIED RESPONDENTS

Q1085. Please indicate the extent to which you agree or disagree with the following statements.

Summary of Strongly/Somewhat Agree (Top 2 Box)

	Total
Base	3192
I feel hopeful about my future.	71%
This is the lowest point in our nation's history that I can remember.	68%
The current amount of uncertainty in our nation causes me stress.	63%
The current social divisiveness (i.e., hostility) in the nation causes me stress.	60%
The number of issues America is facing currently is overwhelming to me.	55%
I feel, on the whole, my community is improving.	52%
I feel more compelled to volunteer or support causes that I value as a result of the state of our nation.	49%
The political climate has caused strain between my family members and me.	37%
I feel our country is on the path to being stronger than ever.	37%

Summary of Strongly/Somewhat Disagree (Bottom 2 Box)

	Total
Base	3192
I feel our country is on the path to being stronger than ever.	63%
The political climate has caused strain between my family members and me.	63%
I feel more compelled to volunteer or support causes that I value as a result of the state of our nation.	51%
I feel, on the whole, my community is improving.	48%
The number of issues America is facing currently is overwhelming to me.	45%
The current social divisiveness (i.e., hostility) in the nation causes me stress.	40%
The current amount of uncertainty in our nation causes me stress.	37%
This is the lowest point in our nation's history that I can remember.	32%
I feel hopeful about my future.	29%

1. The current social divisiveness (i.e., hostility) in the nation causes me stress.

	Total
Base	3192
TOP 2 BOX (NET)	60%
Strongly agree	18%
Somewhat agree	42%
BOTTOM 2 BOX (NET)	40%
Somewhat disagree	22%
Strongly disagree	18%

2. The political climate has caused strain between my family members and me.

	Total
Base	3192
TOP 2 BOX (NET)	37%
Strongly agree	12%
Somewhat agree	25%
BOTTOM 2 BOX (NET)	63%
Somewhat disagree	24%
Strongly disagree	39%

5. I feel our country is on the path to being stronger than ever.

	Total
Base	3192
TOP 2 BOX (NET)	37%
Strongly agree	11%
Somewhat agree	26%
BOTTOM 2 BOX (NET)	63%
Somewhat disagree	31%
Strongly disagree	32%

6. I feel, on the whole, my community is improving.

	Total
Base	3192
TOP 2 BOX (NET)	52%
Strongly agree	13%
Somewhat agree	39%
BOTTOM 2 BOX (NET)	48%
Somewhat disagree	35%
Strongly disagree	14%

7. I feel more compelled to volunteer or support causes that I value as a result of the state of our nation.

	Total
Base	3192
TOP 2 BOX (NET)	49%
Strongly agree	15%
Somewhat agree	33%
BOTTOM 2 BOX (NET)	51%
Somewhat disagree	30%
Strongly disagree	21%

8. This is the lowest point in our nation's history that I can remember.

	Total
Base	3192
TOP 2 BOX (NET)	68%
Strongly agree	32%
Somewhat agree	36%
BOTTOM 2 BOX (NET)	32%
Somewhat disagree	20%
Strongly disagree	12%

11. I feel hopeful about my future.

	Total
Base	3192
TOP 2 BOX (NET)	71%
Strongly agree	25%
Somewhat agree	47%
BOTTOM 2 BOX (NET)	29%
Somewhat disagree	21%
Strongly disagree	8%

15. The number of issues America is facing currently is overwhelming to me.

	Total
Base	3192
TOP 2 BOX (NET)	55%
Strongly agree	17%
Somewhat agree	38%
BOTTOM 2 BOX (NET)	45%
Somewhat disagree	26%
Strongly disagree	20%

17. The current amount of uncertainty in our nation causes me stress.

	Total
Base	3192
TOP 2 BOX (NET)	63%
Strongly agree	20%
Somewhat agree	43%
BOTTOM 2 BOX (NET)	37%
Somewhat disagree	21%
Strongly disagree	16%

BASE: ALL QUALIFIED RESPONDENTS

Q1090. Which of the following actions, if any, have you taken in the past year? Please select all that apply.

	Total
Base	3192
DOING SOMETHING (NET)	59%
Spoken with family or friends to persuade them about a political or social view I held	33%
Signed a petition	23%
Shared or expressed my political or social views on social media	22%
Volunteered with an organization or for a cause I care about	18%
ATTENDED EVENT (SUB-NET)	13%
<i>Attended a political rally or speech of any kind</i>	9%
<i>Attended an organized protest</i>	8%
None of the above	41%

BASE: ALL QUALIFIED RESPONDENTS

Q1140A. Do you intend to vote in the 2022 U.S. mid-term elections?

	Total
Base	3192
Yes	73%
No	16%
Don't know/Not sure	11%

BASE: ALL QUALIFIED RESPONDENTS

Q1151. Please indicate the extent to which you agree or disagree with the following statements.

Summary of Strongly/Somewhat Agree (Top 2 Box)

	Total
Base	3192
I have more opportunities than people like me had in older generations.	71%
I don't think people in government care about me.	70%
I feel like my vote matters.	65%
I feel like my rights are under attack.	64%
I feel protected by the laws in the United States.	55%
The political environment in my state has made me consider moving to a different state.	40%
Our children are going to inherit a better world than we did.	38%
The state of the nation has made me consider moving out to a different country.	38%

Summary of Strongly/Somewhat Disagree (Bottom 2 Box)

	Total
Base	3192
The state of the nation has made me consider moving out to a different country.	62%
Our children are going to inherit a better world than we did.	62%
The political environment in my state has made me consider moving to a different state.	60%
I feel protected by the laws in the United States.	45%
I feel like my rights are under attack.	36%
I feel like my vote matters.	35%
I don't think people in government care about me.	30%
I have more opportunities than people like me had in older generations.	29%

1. I feel like my rights are under attack.

	Total
Base	3192
TOP 2 BOX (NET)	64%
Strongly agree	30%
Somewhat agree	34%
BOTTOM 2 BOX (NET)	36%
Somewhat disagree	22%
Strongly disagree	14%

2. The state of the nation has made me consider moving out to a different country.

	Total
Base	3192
TOP 2 BOX (NET)	38%
Strongly agree	14%
Somewhat agree	24%
BOTTOM 2 BOX (NET)	62%
Somewhat disagree	19%
Strongly disagree	43%

3. The political environment in my state has made me consider moving to a different state.

	Total
Base	3192
TOP 2 BOX (NET)	40%
Strongly agree	17%
Somewhat agree	23%
BOTTOM 2 BOX (NET)	60%
Somewhat disagree	24%
Strongly disagree	36%

4. I feel like my vote matters.

	Total
Base	3192
TOP 2 BOX (NET)	65%
Strongly agree	31%
Somewhat agree	35%
BOTTOM 2 BOX (NET)	35%
Somewhat disagree	20%
Strongly disagree	14%

5. I don't think people in government care about me.

	Total
Base	3192
TOP 2 BOX (NET)	70%
Strongly agree	31%
Somewhat agree	38%
BOTTOM 2 BOX (NET)	30%
Somewhat disagree	19%
Strongly disagree	11%

6. Our children are going to inherit a better world than we did.

	Total
Base	3192
TOP 2 BOX (NET)	38%
Strongly agree	13%
Somewhat agree	24%
BOTTOM 2 BOX (NET)	62%
Somewhat disagree	35%
Strongly disagree	27%

7. I feel protected by the laws in the United States.

	Total
Base	3192
TOP 2 BOX (NET)	55%
Strongly agree	15%
Somewhat agree	40%
BOTTOM 2 BOX (NET)	45%
Somewhat disagree	29%
Strongly disagree	17%

8. I have more opportunities than people like me had in older generations.

	Total
Base	3192
TOP 2 BOX (NET)	71%
Strongly agree	25%
Somewhat agree	46%
BOTTOM 2 BOX (NET)	29%
Somewhat disagree	20%
Strongly disagree	10%

BASE: ALL QUALIFIED RESPONDENTS

Q1161. In general, do you feel the following are getting worse, better, or are about the same in the United States?

Summary of Worse

	Total
Base	3192
Race relations (i.e., relations between members or communities of different races)	41%
Women's rights (i.e., rights that promote a position of legal and social equality of women with men)	38%
LGBTQIA+ rights (i.e., rights that promote lesbian, gay, bisexual, transgender and queer people can live openly without discrimination and enjoy equal rights)	30%
Religious freedom (i.e., the right to choose what religion to follow and to worship without interference)	27%
Disability rights (i.e., ensuring there is not discrimination on the basis of disability in employment, state and local government, public accommodations, commercial facilities, transportation, and telecommunications)	21%

Summary of About The Same

	Total
Base	3192
Religious freedom (i.e., the right to choose what religion to follow and to worship without interference)	57%
Disability rights (i.e., ensuring there is not discrimination on the basis of disability in employment, state and local government, public accommodations, commercial facilities, transportation, and telecommunications)	56%
LGBTQIA+ rights (i.e., rights that promote lesbian, gay, bisexual, transgender and queer people can live openly without discrimination and enjoy equal rights)	43%
Race relations (i.e., relations between members or communities of different races)	42%
Women's rights (i.e., rights that promote a position of legal and social equality of women with men)	40%

Summary of Better

	Total
Base	3192
LGBTQIA+ rights (i.e., rights that promote lesbian, gay, bisexual, transgender and queer people can live openly without discrimination and enjoy equal rights)	27%
Disability rights (i.e., ensuring there is not discrimination on the basis of disability in employment, state and local government, public accommodations, commercial facilities, transportation, and telecommunications)	23%
Women's rights (i.e., rights that promote a position of legal and social equality of women with men)	22%
Race relations (i.e., relations between members or communities of different races)	17%
Religious freedom (i.e., the right to choose what religion to follow and to worship without interference)	16%

1. Race relations (i.e., relations between members or communities of different races)

	Total
Base	3192
Worse	41%
About the same	42%
Better	17%

2. LGBTQIA+ rights (i.e., rights that promote lesbian, gay, bisexual, transgender and queer people can live openly without discrimination and enjoy equal rights)

	Total
Base	3192
Worse	30%
About the same	43%
Better	27%

3. Women's rights (i.e., rights that promote a position of legal and social equality of women with men)

	Total
Base	3192
Worse	38%
About the same	40%
Better	22%

4. Disability rights (i.e., ensuring there is not discrimination on the basis of disability in employment, state and local government, public accommodations, commercial facilities, transportation, and telecommunications)

	Total
Base	3192
Worse	21%
About the same	56%
Better	23%

5. Religious freedom (i.e., the right to choose what religion to follow and to worship without interference)

	Total
Base	3192
Worse	27%
About the same	57%
Better	16%

**BASE: ALL QUALIFIED RESPONDENTS AGE 18+
Q1220 and Q1222. BMI**

	Total
Base	3192
Underweight	7%
Normal weight	34%
Overweight	30%
Obesity	24%
Decline to answer	5%
Mean	33.1
Median	26

BASE: ALL QUALIFIED RESPONDENTS**Q2000.** Which of the following best describes the area where you currently reside?

	Total
Base	3192
In a suburban area next to a city	44%
In an urban or city area	37%
In a small town or rural area	19%

BASE: ALL QUALIFIED RESPONDENTS**Q3055.** Do you currently...?

	Total
Base	3192
Own your own home and pay mortgage on your own or with a spouse	32%
Own your home and are not paying a mortgage	27%
Rent on your own	18%
Rent with someone else	12%
Live in your parents' home	6%
Own your home and pay mortgage with others (excluding a spouse)	2%
Live in your adult children's home	1%
Live in a dorm/ Live in college/university housing or apartment for the majority of the year (i.e., during the school year) - [Respondents In School]	*
Other	1%

BASE: ALL QUALIFIED RESPONDENTS**Q6522. POVERTY LEVEL**

	Total
Base	3192
200% POVERTY OR BELOW	27%
ABOVE 200% LEVEL	70%
NOT SURE/DECLINE TO ANSWER	3%

BASE: ALL QUALIFIED RESPONDENTS**Q498. Of the following, which do you consider yourself to be?**

	Total
Base	3192
Heterosexual (straight)	90%
LGBTQIA+ (NET)	8%
Bisexual	3%
Gay	2%
Lesbian	1%
Pansexual	1%
Queer	*
Asexual	*
Other sexual orientation	*
Not sure	*
Decline to answer	2%

BASE: ALL QUALIFIED RESPONDENTS**Q1550. Do you, or does anyone in your household, have any of the following conditions?****Summary of Yes, Myself Only**

	Total
Base	3192
ANY (NET)	29%
A long-lasting condition that substantially limits one or more basic physical activities, such as walking, climbing stairs, reaching, lifting, or carrying	16%
A long-lasting physical, mental, or emotional condition that increases the difficulty of learning, remembering, or concentrating	13%
Deafness or hard of hearing in either ear	12%
Blindness or a severe visual impairment in either eye	7%

Summary of Yes, Myself Only/Yes, Both Myself And Someone Else

	Total
Base	3192
ANY (NET)	38%
A long-lasting condition that substantially limits one or more basic physical activities, such as walking, climbing stairs, reaching, lifting, or carrying	21%
A long-lasting physical, mental, or emotional condition that increases the difficulty of learning, remembering, or concentrating	18%
Deafness or hard of hearing in either ear	17%
Blindness or a severe visual impairment in either eye	10%

Summary of No

	Total
Base	3192
ANY (NET)	89%
Blindness or a severe visual impairment in either eye	82%
Deafness or hard of hearing in either ear	72%
A long-lasting physical, mental, or emotional condition that increases the difficulty of learning, remembering, or concentrating	72%
A long-lasting condition that substantially limits one or more basic physical activities, such as walking, climbing stairs, reaching, lifting, or carrying	68%

1. Blindness or a severe visual impairment in either eye

	Total
Base	3192
YES, MYSELF ONLY /YES, BOTH MYSELF AND SOMEONE ELSE (NET)	10%
<i>Yes, myself only</i>	7%
<i>Yes, both myself and someone else</i>	3%
Yes, someone else only	6%
No	82%
Decline to answer	1%

2. Deafness or hard of hearing in either ear

	Total
Base	3192
YES, MYSELF ONLY /YES, BOTH MYSELF AND SOMEONE ELSE (NET)	17%
<i>Yes, myself only</i>	12%
<i>Yes, both myself and someone else</i>	5%
Yes, someone else only	10%
No	72%
Decline to answer	1%

3. A long-lasting condition that substantially limits one or more basic physical activities, such as walking, climbing stairs, reaching, lifting, or carrying

	Total
Base	3192
YES, MYSELF ONLY /YES, BOTH MYSELF AND SOMEONE ELSE (NET)	21%
<i>Yes, myself only</i>	16%
<i>Yes, both myself and someone else</i>	5%
Yes, someone else only	10%
No	68%
Decline to answer	1%

4. A long-lasting physical, mental, or emotional condition that increases the difficulty of learning, remembering, or concentrating

	Total
Base	3192
YES, MYSELF ONLY /YES, BOTH MYSELF AND SOMEONE ELSE (NET)	18%
<i>Yes, myself only</i>	13%
<i>Yes, both myself and someone else</i>	6%
Yes, someone else only	8%
No	72%
Decline to answer	2%

BASE: ALL QUALIFIED RESPONDENTS

Q2106. Have you ever been diagnosed with any of the following? Please select all that apply.

	Total
Base	3192
ANY (NET)	40%
Anxiety disorder (such as generalized anxiety disorder, social anxiety disorder, or panic attacks)	23%
Depression (including major depressive disorder)	23%
Sleep disorder (such as insomnia or hypersomnia)	10%
Addiction (such as substance use or gambling)	7%
Bipolar disorder	7%
Attention-deficit/hyperactivity disorder (ADD/ADHD)	6%
Post-traumatic stress disorder (PTSD)	6%
Obsessive-compulsive disorder (OCD)	4%
Eating disorder (such as anorexia, bulimia nervosa, or binge eating)	3%
Autism spectrum disorder	3%
Personality disorder (such as borderline personality disorder, anti-social personality disorder, or dependent personality disorder)	3%
Impulse control disorder	2%
Schizophrenia	1%
Tic disorder	*
Other mental health disorder	2%
I have not been diagnosed with a mental health disorder but think I may have one	3%
I have not been diagnosed with a mental health disorder	53%
Decline to answer	6%

BASE: ALL QUALIFIED RESPONDENTS

Q1540. Have you ever received treatment or therapy from a psychologist or other mental health professional?

	Total
Base	3192
YES (NET)	33%
<i>Yes, I am currently being treated or in therapy</i>	16%
<i>Yes, but I am not currently being treated or in therapy</i>	17%
No	66%
Decline to answer	2%

BASE: ALL QUALIFIED RESPONDENTS

Q1553 (Q31). What is the primary way you receive health insurance today?

	Total
Base	3192
Health insurance provided by current or former employer	27%
Medicare	27%
Medicaid	14%
Health insurance provided by family member's employer	12%
Individual insurance policy bought by myself/my family	6%
Veterans benefits (active military, veterans, TriCare, reserve, etc.)	2%
Health insurance provided to students	*
Health insurance from an exchange	1%
Other	1%
I have health insurance, but I don't know what type of organization provides it and/or how it is obtained	2%
None; do not have health insurance	9%

BASE: ALL QUALIFIED RESPONDENTS**Q1554a.** What political party are you currently registered as?

	Total
Base	3192
Democrat	41%
Republican	28%
Independent	19%
Other	2%
I am not registered	9%
Decline to answer	3%

BASE: ALL QUALIFIED RESPONDENTS AGE 18+**Q1555a.** In politics today, which of the following best describes your political ideology on most issues?

	Total
Base	3192
CONSERVATIVE (NET)	30%
<i>Strong Conservative</i>	14%
<i>Somewhat Conservative</i>	16%
Moderate	33%
LIBERAL (NET)	27%
<i>Somewhat Liberal</i>	15%
<i>Strong Liberal</i>	12%
None of the above/not sure	6%
Decline to answer	4%

BASE: ALL QUALIFIED RESPONDENTS**Q1560.** What is your present religion, if any?

	Total
Base	3192
ANY (NET)	77%
Roman Catholic	25%
Protestant	21%
Agnostic	6%
Atheist	4%
Jewish	3%
Muslim	2%
Mormon	2%
Buddhist	1%
Orthodox	1%
Hindu	1%
Something else	11%
Nothing in particular	23%

BASE: ALL QUALIFIED RESPONDENTS**Q1554.** Which of the following best describes you?

	Total
Base	3192
I was born outside of the U.S.	17%
I was born in the U.S.	82%
Decline to answer	1%

BASE: ALL QUALIFIED RESPONDENTS**Q1555.** Which of the following best describes your parents?

	Total
Base	3192
One of my parents was born outside of the U.S.	9%
Both of my parents were born outside of the U.S.	21%
Both of my parents were born in the U.S.	68%
Decline to answer	2%

BASE: BORN OUTSIDE OF THE US**Q1556.** You mentioned you were born outside of the U.S. In which year did you move to the U.S.?

	Total
Base	582
Before 1965	7%
1965-1969	4%
1970-1979	7%
1980-1989	16%
1990-1999	15%
2000-2009	20%
2010-2022	30%

BASE: BORN OUTSIDE OF THE US**Q1556.** Count of Years Since Moved to U.S.

	Total
Base	582
0	4%
1-2	6%
3-4	5%
5-7	6%
8-10	4%
11-15	10%
16-20	6%
More than 20 years	59%

BASE: ALL QUALIFIED RESPONDENTS**Q1557.** Which of the following best describes your status in the U.S.? Please keep in mind your results are confidential.

	Total
Base	3192
U.S. citizen	91%
Permanent resident	4%
Lawful Permanent Resident (LPR) (e.g., Permanent Resident Alien, Permanent Resident, Resident Alien, Resident Alien Permit Holder, and Green Card Holder)	2%
Undocumented Individual	1%
Decline to answer	2%

BASE: LATINO/A RESPONDENTS**Q1570.** Is English your native language?

	Total
Base	706
Yes	47%
No	53%

BASE: LATINO/A RESPONDENTS**QH1.** Which language do you usually speak at home?

	Total
Base	706
Only Spanish	13%
Spanish more than English	18%
Spanish and English equally	27%
English more than Spanish	18%
Only English	23%
Decline to answer	*

BASE: LATINO/A RESPONDENTS**QH2.** Would you say you can carry on a conversation in Spanish, both understanding and speaking...?

	Total
Base	706
TOP 2 BOX (NET)	75%
<i>Very well</i>	53%
<i>Pretty well</i>	21%
BOTTOM 2 BOX (NET)	25%
<i>Just a little</i>	17%
<i>Not at all</i>	8%

BASE: LATINO/A RESPONDENTS

QH3. Would you say you can carry on a conversation in English, both understanding and speaking...?

	Total
Base	706
TOP 2 BOX (NET)	72%
<i>Very well</i>	56%
<i>Pretty well</i>	16%
BOTTOM 2 BOX (NET)	28%
<i>Just a little</i>	20%
<i>Not at all</i>	8%

BASE: LATINO/A RESPONDENTS

QH4. Would you say you can read a newspaper or book in Spanish...?

	Total
Base	706
TOP 2 BOX (NET)	73%
<i>Very well</i>	51%
<i>Pretty well</i>	22%
BOTTOM 2 BOX (NET)	27%
<i>Just a little</i>	15%
<i>Not at all</i>	12%

BASE: LATINO/A RESPONDENTS

QH5. Would you say you can read a newspaper or book in English...?

	Total
Base	706
TOP 2 BOX (NET)	73%
<i>Very well</i>	54%
<i>Pretty well</i>	19%
BOTTOM 2 BOX (NET)	27%
<i>Just a little</i>	17%
<i>Not at all</i>	10%

BASE: LATINO/A RESPONDENTS

QH6. You indicated that you consider yourself Hispanic. From what country or region did you or your ancestors come? Please select all that apply.

	Total
Base	706
Mexico	44%
Central or South America	17%
Cuba	11%
Puerto Rico	11%
Another country or region	17%
Decline to answer	3%

BASE: ALL NON-LATINO/A RESPONDENTS

QA1. Which language do you usually speak at home?

	Total
Base	2486
Only a language other than English	10%
Another language more than English	2%
Another language and English equally	2%
English more than another language	5%
Only English	80%
Decline to answer	*

BASE: SPEAKS OTHER THAN ENGLISH ONLY

QA2. Would you say you can read a newspaper or book in English...?

	Total
Base	532
TOP 2 BOX (NET)	90%
<i>Very well</i>	74%
<i>Pretty well</i>	16%
BOTTOM 2 BOX (NET)	10%
<i>Just a little</i>	6%
<i>Not at all</i>	4%

BASE: SPEAKS OTHER THAN ENGLISH ONLY

QA3. Would you say you can carry on a conversation in English, both understanding and speaking...?

	Total
Base	532
TOP 2 BOX (NET)	89%
<i>Very well</i>	73%
<i>Pretty well</i>	16%
BOTTOM 2 BOX (NET)	11%
<i>Just a little</i>	7%
<i>Not at all</i>	4%

BASE: ASIAN RESPONDENTS

QA4. You indicated that you consider yourself Asian. From what country or region did you or your ancestors come? Please select all that apply.

	Total
Base	405
China	26%
Philippines	19%
South Asia	17%
Other Southeast Asia country	14%
Japan	12%
Korea	7%
Arab world/West Asia	3%
Another country or region	6%
Decline to answer	1%

BASE: ALL QUALIFIED RESPONDENTS

US REGION. Census Region (US Net)

	Total
Base	3192
Northeast	18%
Midwest	21%
South	38%
West	23%

BASE: ALL QUALIFIED RESPONDENTS**Education.** What is the highest level of education you have completed?

	Total
Base	3192
LESS THAN HIGH SCHOOL (NET)	7%
Less than high school	2%
Completed some high school	5%
HIGH SCHOOL TO LESS THAN 4 YEAR COLLEGE DEGREE (NET)	57%
High school graduate	29%
Job-specific training program(s) after high school	2%
Some college, but no degree	17%
Associate degree	11%
4 YEAR COLLEGE DEGREE OR MORE (NET)	36%
Bachelor's degree (such as B.A., B.S.)	22%
Some graduate school, but no degree	2%
Graduate degree (such as MBA, MS, M.D., Ph.D.)	12%

BASE: ALL QUALIFIED RESPONDENTS**Income.** How much total combined income did all members of your household earn before taxes last year?

	Total
Base	3192
Less than \$15,000	7%
\$15,000 to \$24,999	7%
\$25,000 to \$34,999	7%
\$35,000 to \$49,999	11%
\$50,000 to \$74,999	17%
\$75,000 to \$99,999	13%
\$100,000 OR MORE (NET)	36%
\$100,000 to \$124,999	11%
\$125,000 to \$149,999	11%
\$150,000 to \$199,999	8%
\$200,000 to \$249,999	3%
\$250,000 or more	4%
Prefer not to answer	3%